



UNION COUNTY  
HEALTH DEPARTMENT

February 2, 2026

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### Quick Update Today:

- RSV and flu continue to remain at elevated levels
- Feb. 19 Community Table Conversation Invitation

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### RSV & Flu Activity Continue to be on the Rise

As we head into February, RSV & the flu seem to be sticking around. According to local wastewater monitoring, high viral levels for both influenza and RSV were detected in samples collected on Jan. 20, 2026. Wastewater monitoring can be a leading indicator for potential increasing or ongoing illness within the sewershed area (that's the Marysville area in our case). Interestingly, the Jan. 20 sample detected more Influenza B viral fragments than Influenza A, which is a switch from earlier in January. The good news, flu hospitalizations among Union County residents seem to be down from last year (27 hospitalizations in January 2025 vs. 4 hospitalizations thus far in January 2026). The median age for flu hospitalizations was 69 years. RSV hospitalizations just became reportable on Oct. 1, 2025, but since then, we've had 6 RSV hospitalizations among Union County residents. The median age for RSV hospitalizations is 1.5 years.

So keep washing hands, covering coughs and sneezes, getting fresh air as much as you can when it's below zero, eating those fruits and veggies, drinking lots of water, getting plenty of sleep, and staying home when you're sick. If you have a respiratory illness, stay home until you are seeing significant improvement in your symptoms and have been fever-free for at least 24 hours.

Not feeling well and can't get in to see a doctor? Give us a call at (937) 645-2058. Our Health Center usually has same-day or next-day appointments available and can see folks with insurance or without insurance.

## Feb 19: Join us for a Union County United Table Conversation

You're invited to join us Feb. 19 from 11:30 am-1 pm at the Union County Health Department for a relaxed, meaningful conversation about what matters most to people who live and work here in Union County. It's about listening, learning, and strengthening connections across our community - because meaningful change begins when we sit down together and talk openly about our experiences, challenges, and hopes for Union County. During the conversation, we'll explore how we can strengthen our community and improve support systems by listening, learning, and sharing. Your voice matters, and your participation contributes to a more connected and responsive community. We hope you'll pull up a chair and join the conversation. OH, did I mention? There'll be pizza and salad because when you invite someone over, you need to feed them!

Since it's winter in Ohio, we're asking for RSVPs, simply so we can notify you if weather forces us to cancel. [Click here to RSVP!](#)



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So, in summary...

Take care of yourself and your loved ones.

Come out and share a meal with us and make your voice heard.

And last, but certainly not least, stay warm and check on your neighbors.



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